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## SUNDAY The Journal Ti

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### **Racine roots**

Art museum architect, local native Brad Lynch dead at 64. LOCAL, PAGE BI

## **Tough loss**

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# She was told she couldn't. So she

How this Racine woman became warden after being told she couldn't

RACHEL KUBIK, RACHEL.KUBIK@JOURNALTIMES.COM

Racine Youthful Offender Correctional Facility Warden Je'Leslie Taylor poses for a photo near the facility's entrance on Sept. 20.

rachel.kubik@journaltimes.com

RACINE - When Je'Leslie Taylor first started working for the state's Department of Corrections, she told a woman there, "I am going to be a warden one day."

The woman doubted her. She told her she couldn't do it.

"So I said, 'Watch me,'" Taylor said. "Sometimes silence is very powerful. You can just say a phrase, be quiet, and then show them. I just believe that, when you tell me I can't, I'm going to show you that I can?

Taylor, 50, warden at the Racine Youthful Offender Correctional Facility, is a woman with a plan – and several backup plans — who is

will be there to help out whenever majority of her life.

institution wardens in the state who are women of color. And the

warden part is just a title for her. "The passion and the purpose that I have is not just work-related. It is truly who I am," Taylor said. "I love what I do. Even on my bad days. I love coming to work because I know I'm making a difference. I know I'm also walking in my purpose."

## Plan A, B and C

Taylor was born in Oxford, Mississippi, and moved to Racine as a child because her parents passionate about what she does. wanted better work opportuni-

Her family was strict. She was She is currently one of only two raised by a police officer father and a nurse mother; they taught her to always have a plan.

> They wanted their kids to go to college, so that was Taylor's

She attended Central State University in Wilberforce, Ohio, for not even a full semester before she realized college wasn't for her. She became pregnant at age 18.

"It was just like, 'OK, I need to come up with a plan B;" she said. "College isn't for everyone. There your life because now your life are other avenues, opportunities, isn't about you anymore." where you can be successful. I'm an example of that."

She wants the best for people and ties. She's stayed in Racine the Often when she speaks to young people, such as the male offenders ages 18-24 in RYOCF's care, Taylor tells them there may be a time in their lives when they have an "Aha moment" that may cause them to reevaluate and make a change.

"That Aha moment for me was when I got pregnant," she said. "I had to make some decisions. I had to get out of that relationship. I had to get a job that was gonna provide me some benefits. It was that Aha moment like, 'OK, you have to grow up now. And you have to come up with a plan for

Please see TAYLOR, Page A6

## **'Everyone** needs to know'

State law expands RUSD Holocaust, genocide education

#### **RYAN PATTERSON**

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RACINE - Samantha Cohen knows things are going well when students quietly read.

In classes at Park High School, Cohen assigns students liter-

ature related to the Holocaust, and she can tell a book hits home when they silently engage with the text. "They're re-

ally processing Cohen

everything, they really connect to what's happening in the story," said Cohen, Park English department chair. "They care about what's happening to those individuals."

Cohen said relating to personal experiences is key when instructing students about the

"That human aspect of these events, I think, makes the learning more meaningful, more impactful for students," Cohen

Racine Unified students already were learning about the Holocaust in sixth grade, ninth grade and 10th grade, and doing so is now part of state law. Starting this school year, all Wisconsin students in fifth through eighth grade must receive instruction on the Holocaust and other genocides at least once, and high schoolers must again be instructed at least

Please see HOLOCAUST, Page A9

## Can psychedelic drugs treat depression?

### Institute wants to be leader in the field

#### **DAVID WAHLBERG** Lee Newspapers

FITCHBURG - With cathedral ceilings and spa-like treatment rooms, the \$70 million Usona Institute building going up next to Promega Corp's campus in Fitchburg is expected to become a national hub for the use of psychedelic drugs to treat depression and other mental health conditions.

Usona, co-founded by Promega CEO Bill Linton in 2014, is spearheading an effort to get psilocybin, a psychoactive substance found in

addiction, pick up a copy of Monday's Journal Times.



Linton

psilocybin for research on other uses, which may include anxiety, eating disorders, obsessive compulsive disorder, post-traumatic stress disorder and nicotine, alcohol, opioid and

mushrooms," approved for major

depressive disor-

der. The nonprofit

is also providing

methamphetamine addiction. The institute is developing a synthetic version of 5-MeO-DMT,

■ **New treatments, old drugs:** This story is the first in a three-part series being published in The Journal Times about a burgeoning field of research of drugs long considered dangerous and illegal that

may actually hold benefits when administered appropriately. To learn about how researchers at UW-

Madison are studying how "magic mushrooms" could be used to treat opioid and methamphetamine

the active ingre- the venom of the Sonoran Desert dient in "magic toad, and plans to start the first U.S. study in humans this fall. Usona scientists are also tweaking and screening chemical compounds in an effort to discover other mind-altering drugs that might be therapeutic.

The 93,000-square-foot facility, expected to open in fall 2023 on 17 wooded acres northwest of Promega's headquarters off East Cheryl Parkway, will feature education and training areas for psychedelic drug researchers and providers from around the country.

Please see **DEPRESSION**, Page A9



**AMBER ARNOLD. LEE NEWSPAPERS** 

Sam Williamson, process development research scientist at Usona Institute, refines the process of producing large amounts of psilocybin, the hallucinogenic ingredient in "magic mushrooms," in a lab at Promega Corp. in Fitchburg. Usona is trying to get psilocybin approved to treat depression.



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#### Holocaust

The state law emphasized the importance of Holocaust instruction and provided additional education resources, but it didn't drastically alter instruction at RUSD.

"It was expressed very explicitly: 'This has to be taught,'" said Karin Gonzalez, Park High School social studies teacher. "But that doesn't change actually how I was teaching."

Mallory Umar, RUSD assistant director of curriculum and instruction, led the RUSD committee charged with



implementing the state law, and Cohen was a commit tee member.

Umar said the state law didn't major changes, but it did

result in RUSD prioritizing and expanding lessons on the Holocaust and other genocides. For example, after the committee met with many citizens who mentioned the Armenian genocide, that will now be taught to RUSD sev-

enth-graders. The state Department of Public Instruction provided school districts with the 10 stages of genocide and a formal definition of genocide: "a process of a state agent and its collaborators seeking to destroy, in whole or in part, the physical and cultural existence of a minoritized group."

RUSD received training and materials from the Nathan and Esther Pelz Holocaust Education Resource Center, a Milwaukee nonprofit. Racine Unified students in seventh through 12th grade will also have the option to compete in a Holocaust art and writing contest next spring.

#### Pulling off the 'Band-Aid'

Before teaching, the RUSD educators went through their own ed-

**FILE PHOTO VIA ASSOCIATED PRESS** 

On April 19, 1943, a group of Jews are taken from the Warsaw Ghetto by German soldiers. Starting this school year, all Wisconsin students in fifth through eighth grade must receive instruction on the Holocaust and other genocides at least once, and high-schoolers must again be instructed at least once.

ucation about the Holocaust.

cannot recall a time in her life when she was not aware of the Holocaust. Her uncle was a survivor of Auschwitz concentration camp, and she remembers the prison numbers tattooed on his arm.

In addition to learning from her family, Cohen saw "Schindler's List" in the theater with her parents around age 15 and said it was a "coming of age" moment for her.

"I will never forget that," Cohen said. "It was like the Band-Aid was ripped off for me."

Gonzalez similarly remembered watching "Schindler's List" with her father when the movie was released.

"The Diary of a Young Girl" by Anne Frank stayed with Cohen after she read it in high school. She also said "The Boy in the Striped Pajamas" has helped her children per-

Indeed, Umar said it is important to have a variety of options for students to learn about the Holocaust convey the reality of the Holocaust

sonally connect to the Holocaust.

 film, videos, novels and nonfic-Cohen is of Jewish descent and tion writing, among others — in an age-appropriate manner.

#### **Drawing connections**

Gonzalez teaches the Holocaust to high-schoolers as part of her lessons on World War II so students can understand the context in which the genocide occurred. She emphasizes the importance of primary source documents and evewitness accounts.

It is crucial for students to learn from "the people who experienced and lived it, the people who saw it," Gonzalez said.

Cohen agreed.

"To better understand other people's experiences is why this is so important," Cohen said. "Everyone needs to know the history and the personal stories, because if we don't examine it, if we forhappen, then history will most definitely repeat itself."

Umar said personal stories can

to younger students.

When she taught fourth-graders, students asked, "'This is real? This really happened?" Umar said. "The fact that there are folks who are living who can speak firsthand I think really shocked some of the students, to realize how close we are to the Holocaust and the fact that genocides are still occurring."

The educators said it is crucial to connect the Holocaust to other genocides, including current ones.

"It's not just something that happened back then and it's over with," Gonzalez said. "This is something that we do need to be paying active attention to in the here and now."

Gonzalez also stresses the importance of students understanding potential signs of tyranny.

"They need to be able to recogget it or we pretend that it didn't nize the signs of destruction, and they need to be able to recognize the signs of tyranny and dictatorship and respond to it in the present," Gonzalez said.

#### **Difficulties, inspiration**

When learning about genocide, teachers aim for empathy from students.

"A person who's good at history is one who can firmly identify with what they're studying," Gonzalez said. "They can put themselves in that place."

Learning about historical atrocities can be challenging, though. Cohen noted the importance of age-appropriate instruction about the Holocaust but said that "doesn't mean it's not going to be upsetting" to students.

Teaching about genocide can be emotionally draining as well. Gonzalez has cried in class while instructing.

Students have left her classroom 'because whatever it is that we're talking about has just hit them full force," Gonzalez said. "I hate making them upset and feeling bad, but then I realize how connected they are and how well they're doing at studying and learning and taking on how important it is?

Umar said it is crucial for teachers to "include processing time" in class when discussing tragedies so that students have time to work through their emotions.

Learning about genocide is a grave matter, yet Umar feels inspired by student discussions.

"Kids in general have a strong sense of justice, and they want to make the world a better place," Umar said. "I'm always inspired (by) ... the ideas that students have about how they want to make sure that things like this don't occur. What they would have done, the awareness that they want to bring ... It gives you hope for the future of our society. These are our future leaders, and they have some really great ideas about how we as people need to interact with each other."

With the new state law in place, students could have a deeper understanding and more ideas.

## **Depression**

From A1

In a floating pool, sauna, steam room and botanical room, patients will be able to prepare themselves for guided, hallucinogenic experiences in serene spaces, with the goal of helping them break free from the grip of mental anguish. Three residential cottages are planned.

sort of personal transformation," Linton said. "It's

housed in other Promega growing national profile for psychoactive medicine. It's a comeback of sorts, after studies of psilocybin, LSD and other psychedelics for mental disorders in the 1960s were stopped after what were considered excesses of recreational use re- Utzinger, a family medisulted in the drugs becoming cine and integrative medillegal in 1970.

Now, Johns Hopkins University has received a \$4 million grant from the National Health, created Usona Institute on Drug Abuse to study psilocybin for tobacco addiction, after an initial study found higher quit rates than for other smoking cessation techniques. At New York University, where a study published in August found psilocybin can help treat alcoholism, the National Cancer Institute is funding a large study of psilocybin for depression and distress among patients with advanced cancer.

By the first half of 2024, the Food and Drug Administration is expected to approve MDMA, sometimes called Ecstasy or Molly, for PTSD, federal officials said in May.

The drugs act on specific brain receptors to change perception and cognition, with psilocybin having a very low risk of addiction because it doesn't seem to involve the addictive reward circuitry of the brain, scientists say. The benefits can come from just one or two doses.

"There has been a resurgence, I think, of the interest benefits for anxiety, dein psychedelic drugs, which pression and stress, but for a while were sort of con- it's not clear what condisidered not an area that researchers legitimately ought to go after," Dr. Francis Collins, then-director of the Na- we haven't decided what  $_{00}$  tional Institutes of Health, that indication is going to said during a U.S. Senate be," Linton said.

budget hearing last year. "I think as we've learned more about how the brain works, we've begun to realize that these are potential tools for research purposes and might be clinically beneficial."

#### **Transformative** experience

It was a friend's relief from depression during late-stage cancer that "Their hope is for some got Linton tuned into the psychedelic revival. In a study at Johns Hopkins, my belief that people are the friend, whom Linton undergoing a change in identifies publicly only as self-awareness, a re-set of Betty, took psilocybin and The development of a The experience greatly headquarters for Usona, now improved her life and her family's lives during the buildings, comes amid a few months before she died, he said.

> "Her whole demeanor changed," Linton said. "She went from this state of deep depression to a sense of gratitude, feeling that each day was a gift."

> Linton and Dr. Malynn icine provider who graduated from the UW School of Medicine and Public to shepherd psilocybin through the multi-phase clinical trial process required for FDA approval.

> After an initial study of a dozen healthy people at UW-Madison found no significant side effects, Usona sponsored a phase 2 trial involving 100 people with major depression at UW-Madison and six other sites, including Johns Hopkins and NYU. Results are expected soon, with plans to start a larger phase 3 study late next year before seeking FDA approval, which Linton said could come by 2025.

> Usona expects to start a phase 1 study of 5-MeO-DMT, the toad compound, in Kansas City in November. While recreational use of the substance and studies in Europe have involved inhaling it as a vapor, Linton said Usona's approach is an injection into the arm.

> Studies have suggested 5-MeO-DMT might have tion Usona will target. "We believe it offers a lot of therapeutic potential, but

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