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Life changing

Anderla twins survive surgery in their mother's womb

ERIN NOHA

EagleHerald Staff Writer

MENOMINEE — They looked at her. She looked at her husband. What Phoebe Anderla thought was a second opinion was something much more.

"It's burned into my memory," she said, as a group of 10 medical professionals entered the room. "Our lives changed in a matter of a couple of hours."

Her unborn twins, Shea and Carter, needed surgery — in the womb.

The boys had Stage 3 Twin Anemia Polycythemia Sequence (TAPS), a rare disease that affects twins sharing a placenta. If not treated, TAPS can be fatal.

"It was the first time I had ever heard of it," Anderla said.

Shea was donating all of his red blood cells to Carter, the other twin, through connected blood vessels. This meant Carter's heart was working overtime to pump the thick blood through his system. It also left Shea anemic and Carter with polycythemia.

"We had her in the OR within three hours of meeting them," said Dr. Inna Lobeck, a pediatric and fetal surgeon and director of the UW Health Fetal Diagnosis and Treat-



Chad and Phoebe Anderla, parents of twin baby boys Shea, left, and Carter, right, pose with their sons Camden, middle left, and Pierce, middle right, at their home in Menominee.

ment

Center in Madison. Nationally, the surgery has a 60% survival rate of both twins and a 70 to 80% survival rate for one twin.

"It wasn't guaranteed at all, and that was so hard," Anderla said.

The procedure lasted 45 minutes. The

tor made an incision on the belly, then went in with a tiny camera. Using a small laser, she disconnected the blood vessels between the twins. The surgery was successful, and the twin's blood flow began

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Nonprofit group aims to save Walton Blesch Field

Site has been in existence for 130 years

ERIN NOHA EagleHerald Staff Writer

MENOMINEE — A nonprofit group called the Walton Blesch Stadium Legacy Foundation asked the Menominee School Board to approve their plan to repair and renovate Walton Blesch Field at a board meeting Wednesday.

"Our vision is that Maroon football should continue to be played at Walton Blesch," Dave Mathieu said, representing the nonprofit. "We have a 130-year tradition at this field."



EAGLEHERALD/ERIN NOHA Dave Mathieu, representing the Walton Blesch Stadium Legacy Foundation, fielded questions from the Menominee Board of Education on Wednesday concerning the repair and renovations to restore Walton Blesch Field.

The board voiced their approval of the plan, and board president Derek Butler said they would address the plan's approval at the next board meeting or a special meeting at an earlier date if needed. In the meantime, Mathieu is meeting with superintendent Rich Sarau, Junior/Senior High School principal Drew Buyarski, and athletic director Sam Larson to flush out the project's feasibility and create a master plan. He said the district couldn't invest money and briefly referenced what the school has been through in terms of costs associated with asbestos cleanup.

"I would like to thank this committee for coming forward," Butler said. "There's going to have to be some sort of contract with this. We've learned about construction issues more than we wanted to. At this point, I would welcome this project, but we would have to flush this out a little more."

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Twins/from A1

normalizing almost immediately, Lobeck said.

Less than three months later, the twins were born on Nov.1 in Green Bay. After a brief stay in the neonatal intensive care unit, they joined their other brothers, Pierce, 7, and Camden, 2, at home in Menominee. It was as if nothing ever happened to them, Lobeck said.

"Every day feels like a blessing," Anderla said. "I look at them and look at the fact that I may not have been able to see their faces."

Life-or-death situations aren't anything someone wants, but they offer a vital perspective on life. The couple had spent their entire lives in the area and were settling into a routine with two boys, with another two on the way.

Since she was having twins, Anderla had to be monitored more closely, but it was nothing they couldn't handle. They had a big family in the area to support them — with so much love to share. In the twin boys' case, however, their hearts were working too much. That turned their lives upside down.

The day before the surgery, the family was undergoing routine monitoring in Green Bay when they were referred to Madison.

"That same day, we packed a bag, we drove down there, stayed the night and the next morning, we began a series of ultrasounds," Anderla said of her and her husband, Chad.

TAPS happens in about 10 to 15% of identical twins who share a placenta and can develop in any number of babies that share a placenta. Lobeck said it's nothing the parents or kids did or didn't do.



Twins Shea, left, and Carter, right, Anderla were born almost three months after receiving life-saving prenatal fetal surgery in Madison in August after developing Stage 3 Twin Anemia Polycythemia Sequence, a rare disease that could have been fatal. Their parents are Phoebe and Chad Anderla of Menominee.

There are five stages, with Stage 3 being the first stage that doctors will intervene if it's TAPS, Lobeck said. Stage 4 is both fetuses are very close to death, or one is close to death. Stage 5 is the fetal demise of one or both of the babies. Doctors will intervene for Twin-to-Twin Transfusion Syndrome at Stage 2 or more, which the Anderlas thought it may have been before learning about TAPS.

'We were very lucky that Phoebe came down here and intervened in the nick of time," Lobeck said. "Both twins were showing cardiac complications from this?

With surgery options, families can choose to do surgery or not do anything. Once babies are at Stage 3, the chances of survival are low unless doctors operate. With cases that aren't as severe, one baby is born extremely anemic, needing multiple blood transfusions, Lobeck said.

There were concerns that Anderla would go into pre-labor during the surgery, which meant that a NICU consultant met with her before surgery. If the children were born then, they would've been 23 weeks. A premature birth is when a baby is born before 37 weeks of pregnancy has concluded, according to the Centers for Disease Control and Prevention.

'Throughout the whole situation, we kept a positive outlook," Chad Anderla said. "When they came to explain

what they found, they were all very calm and professional. I think that helped us with staying positive and hoping for the best."

Phoebe said surgery wasn't an easy decision. Still, on the other hand, it was an easy decision, given the couple's love for each other and love for their kids. "Having had kids

already, I could completely understand the unconditional love I had for these twins that I didn't even know yet," Phoebe said.

With the kids at home, the parents are slowly adjusting to taking care of twins, joking about getting out of the house and talking about family again.

We do not say no to

perspective. "I'm not the same person as I was before this pregnancy," Phoebe said.

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help," Chad said. "Mom and dad. Grandma and grandpa. Aunts and uncles. If they want to come over for an hour, we say yes."

They're thankful for their stay at the UW Health Fetal Diagnosis and Treatment Center, a collaboration between UW Health and Unity-Point Health – Meriter, which opened in March 2022. Phoebe was the first laser procedure performed at the center and the first set of twins born after visiting the center.

With life-saving treatment as close as Madison, families no longer have to travel to Chicago or Cincinnati, eliminating the emotional and financial stress on families if they had to move for monitoring afterward.

"We're so happy to be able to offer this in people's backyards," Lobeck said.

The surgery bonded the team with the Anderlas. They sent them UW onesies after they were home.

They send us pictures all the time now," Lobeck said. "They're really extended family at this point."

