

HIGH SCHOOL FOOTBALL



Cashton's Brady **Hemmersbach** pulls in a pass for a touchdown durina a game earlier this season. Cashton will host Bangor Friday in a meeting between stateranked teams. Herald photo by Nate Beier/ GX3 Media.

Top SBC teams face-off

By ZACH RASTALL Sports Writer

The date circled on the calendar of every Bangor and Cashton football fan is finally here — the Cardinals and the Eagles are set to renew their rivalry once again with the stakes as high as ever.

The memories of last year's two pivotal meetings between the archrivals are still fresh on everyone's minds. It was Bangor who pulled off a 17-13 win in the final week of the regular season to grab a split of the Scenic Bluffs title alongside the Eagles.

Cashton then got a catharsisfilled win in their rematch in Level 2 of the Division 7 playoffs, where the Eagles hammered the Cardinals 34-14 to beat their biggest rivals for the first time since 2013.

The Eagles returned many of their core players from last year's state semifinalist squad and Bangor reloaded its roster as the program is used to successfully doing at this point, so these two teams entered 2022 expected to be not only the clear-cut favorites in the Scenic Bluffs Conference once again, but among the top teams in the

entire state as well. There has been no letdown

(SBC) cont. pq 12

WHAT TO WATCH

D6 #9 BANGOR at

D7 #2 CASHTON Bangor (5-0, 3-0) travels to Cashton (5-0, 2-0) in a

meeting between last year's Scenic Bluffs co-champions When

Week 6: Friday, September 23 7:00 p.m. in Cashton **Last Week**

The two teams combined for 102 points in shutout wins against Brookwood (Bangor) and Necedah (Cashton)

Last Year

Bangor won the regular season meeting 17-13 to clinch a share of its 8thstraight SBC title, but Cashton earned a 34-14 win in a Division 7 Level 2 playoff game.



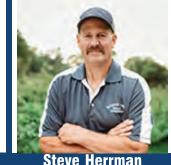
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HIGH SCHOOL CROSS COUNTRY

Sparta boys run to first; Tomah's Wilcox-Borg second

The Sparta boys cross country team locked up a victory at Brookwood after scoring 39 points at the Luethe-Levy Invite on Saturday, September 17.

The pack running of the middle of the team helped the Spartans notch their first team win of the year on a muggy morning in Ontario as they bested the host team by five Freshman Joel Johnson ran

a 6:35 mile split and led the team with a fourth place finish overall after posting a time of 20:25.7.

The catalyst for the win, however, was the pack running of the next three runners.

Nicholas Lueth, Jack Schanhoefer and Boston Miller occupied 8-10th place, respectively, and ran mile paces averaging 6:49 each. Sparta's herd of runners ultimately put them in contention for the meet's team title.

The fifth scoring runner, Milo Everson-Riley, wrapped things up with a 13th place

The next best team, Brookwood, didn't have their fifth runner cross until seven

In fact, Sparta's final two varsity runners, Christian Perez and Braedyn Novak, each landed in the top 30 after placing 18th and 29th,

respectively to top things off. WILCOX-BORG TAKES OFF TWO MINUTES

Tomah's Carl Wilcox-Borg was the runnerup in Saturday's meet at Brookwood. Wilcox-Borg ran the course

in a time of 18:58.4 and was the only other runner to run a sub-19 minute race besides meet winner, Drew Powell of Brookwood. The improvement from

Wilcox-Borg was the big story, however. The senior finished 12th last year and ran the taxing course in a time of 20:53.1 - nearly two full minutes longer than this year's performance.

Logan Larson took 12th overall and was Tomah's only other runner to finish in the top

CASHTON

Luke Clements led the Cashton harriers with a 16th place finish in a time of 22:16.3. Sean Lukaszewski just missed the top 20 and the Eagle boys placed fifth as a team with 119 points.



The lead runners take flight at the start of the Luethe-Levy Cross Country Invite at Brookwood on Saturday, September 17. Leading the pack is Sparta's Boston Miller, followed by (right to left) Brookwood's Owen Radloff and Dylan Powell, Tomah's Carl Oskar Wilcox-Borg, Sparta's Joel Johnson, Nicholas Lueth, Jack Schanoefer and Milo Everson-Riley. Brookwood's Powell won the race with a time of 18:00.3. Race results can be found on page 11. Herald photo by Nate Beier/GX3 Media.

HIGH SCHOOL GOLF



Tomah's Brin Neumann chips her way on to the 17th green after landing in a bunker during Monday's MVC meet at Viroqua Hills Golf

Course. Neumann won Golfer of the Year honors after winning Monday's meet with a 71. Herald photo by Nate Beier/GX3 Media.

Neumann holds off teammate Zingler for Golfer of the Year award

Sports Editor

Even though the team title race was basically over entering Monday's match in Viroqua, there was still individual hardware to earn.

That game-within-a-game pitted Tomah's Brinn Neumann and Amelia Zingler against each other for the exclusive right to be named the league's golfer of

Neumann led Zingler by two points heading into Monday's meet and the duo had traded blows throughout the conference season, meaning that either had the opportunity to take the top spot with 18 holes

remaining in conference play. "I knew that Amelia and I would be battling it out," said Neumann. "I had a very tight lead and I was just like 'I love Amelia, but I'm like I want to go for that win, too.' I think it was kind of fun we were both

battling it out a bit." Neumann managed to eclipse her teammate in the final round of the MVC season, shooting a 71 to Zingler's 75 on the par 71 course.

Neumann said it was healthy to set personal goals for yourself and admitted she had to push early on to catch her teammate after Zingler won the first two league matches. Neumann did so by winning both Holmen's and Aquinas' nine hole round at Cedar Creek. The duo stumbled at Forest Hills in La Crosse's nine hole home match as Neumann had to settle for third and Zingler fourth, but then rebounded by going 1-2 at the final

nine hole meet of the year. In Monday's conference championships, however, Neumann was electric. The senior started off with a birdie on the first hole to set the tone for the day.

In total, Neumann recorded five birdies and had five

bogeys to stay even on the par 71 course.

Zingler didn't disappoint by any stretch of the imagination, either. Zingler struggled a bit on the first nine, finishing six over par, but played lights on the back nine to finish two strokes under the par 35 series

Zingler said, "My drives were really good today, but I could not putt on the front nine. It was really bad. I kind of switched gears on the back nine after one hole and then it all changed for the rest of the round.

Zingler was six over par after seven holes and then turned things around. For the next six holes, she went just two over par. On hole 14, she cut into her deficit with a surprise shot off the green for an eagle. The senior ended her round with two birdies in the last four

That late push wasn't enough to catch her teammate, Neumann, for the right to be named the league's golfer of the year. That doesn't mean the race for first was without merit and Neumann knows it.

"At the end of the day, I think we're both really proud of each other and having that person behind you pushing you or having that someone to battle with -I don't think I'd be shooting the scores if she wasn't there," said Neumann about Zingler. " That little friendly stress makes me work harder; dig for some birdies instead of taking those pars.'

Tomah's Amelia Zingler celebrates a birdie on hole 14 at Viroqua Monday. Zingler finished with a score of 75 and was seocnd. Herald photo by Nate Beier/GX3 Media.





Sparta's Evelyn Tripp led the Spartans with a 25th place finish Monday. Herald photo by Nate Beier/GX3 Media.

Tripp takes 25th at MVC tourney

By NATE BEIER Sports Editor

Evelyn Tripp led Sparta in the final MVC meet of the season after posting a teambest score of 113. Tripp ended with a trio of bogeys in the meet and shaved off three strokes from the front nine to the back and was 25th overall.

Rebecca Gann scored a 120 for 28th place overall. Corin Milne was 29th with a 121. Kaylee Jean Schultz shot a 129 for 30th place and Amelia Russ rounded out the scoring with a 31st place finish and score of 134. Elle Erickson landed in 32nd place with a

score of 144. Sparta finished fifth as a

team with a score of 483. REGIONALS

Both Tomah and Sparta will play at next week's Division 1 regional in Tomah. The regional, which will be held at Hiawatha Golf Course on Wednesday, September 28, will include the entire MVC with the exception of Aquinas which drops to Division 2. Joining those schools will be Marshfield, Stevens Point and Wisconsin Rapids. The sectional will be in Hudson the following week. Black River Falls will host a D2 regional September 28 that is comprised of mostly Coulee Conference schools, but also includes Aquinas, C-FC, Lancaster, Portage, Prairie du Chien and Wisconsin Dells.



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Brookwood

1) Dylan Powell 18:00.3; 5) Caston
Gosda 20:29.5; 7) Drew Powell
21:07.7; 15) Owen Radloff 22:10.1;
20) Josue Nicolas 22:41.7

Cashton

Luke Clements 22:16.3; Sean Lukaszewski 22:44.2;

Jeremiah Woolhouse 23:40.1; 30) Jack Schlesner 24:32.5; 33) Zach Hirschfield 24:49.6 Sparta
4) Joel Johnson 20:25.7; 8) Nicholas
Lueth 21:08.6; 9) Jack Schanhofer
21:16.4; 10) Boston Miller 21:22.7;

13) Milo Everson-Riley 22:01.8

Tomah 2) Carl Oskar Wilcox-Borg 18:58.4 12) Logan Larson 21:52.2; 17) Benjamin Hilson 22:25.1; 24) Cale Ollendick 23:13.3; 27) Nick Salzwedel 23:53.3

Team results

Sparta 39, Brookwood 44, Tomah 78, De Soto 104, Cashton 119, Hillsboro 125, Royall 163

GIRLS

Brookwood
4) Amelia Muellenberg 23:44.9; 5)
Margarita Silva 23:50.2; 6) Stephanie Silva 23:44.9; 10) Ruby Muehlenkamp 24:20.4; 17) Alexis Lacy 26:13.9 Cashton 12) Mateya Kaduc 25:01.2; 14) Chelsie Paulsen 25:39.9; 16) Isabell Korn 26:07.5; 18) Kate Gronemus 26:22.8; 25) Makayla Gooselaw

) Vanessa Gavilan 23:43.7; 9) Leah Modjeski 24:11.5; 13) Madeline Ziegler 25:14.8; 15) Gayle Gilbertson

25:59.0; 22 Aaliyah Pastick 27:30.9 **Tomah**

7) Aisha Hughart-Topygal 24:04.2; 8) Josie Bailey 24:07.5; 23) Kaylee Miller 27:35.3; 26) Lily Joyce 28:28.1; 28) Alyssa Marth 28:42.7

Team results
Brookwood 31, Sparta 47, Cashton



Caston Gosda, Brookwood

Brookwood

1) Dylan Powell 17:09.2; 7) Caston Gosda 19:34.0; 14) Drew Powell 20:07.2; 18) Owen Radloff 20:15.6; 49) Josue Nicolas 22:17.2

Sparta
9) Joel Johnson 19:39.9; 26) Boston Miller 20:51.0; 28) Nicholas Lueth 20:53.3; 33) Jack Schanhofer 21:07.1; 38) Milo Everson-Riley 21:24.3 Team results

Brookwood 84, Onalaska Luther 90, Boscobel 114, Viroqua 122, North Crawford 122, Westby 123, Sparta 129, Pecatonica/Argyle 202, Hillsboro 207, River Ridge 226, Nekoosa 241 GIRLS

Brookwood 9) Margarita Silva 22:49.2; 11) Ruby Muehlenkamp 22:58.7; 12) Stephanie Silva 23:00.8; 18) Amelia Muellenberg 23:29.7; 35) Alice Wiedmeyer 26:17.9

Sparta7) Vanessa Gavilan 22:32.3; 19) Leah Modjeski 23:37.4; 22) Chloe Allen

Melrose-Mindoro 171

24:07.2; 28) Madeline Ziegler 25:09.0; 30) Abby Gilbertson 25:26.23 Team results

Westby 54, Boscobel 58, Brookwood 83, Sparta 101, Viroqua 130, Onalaska Luther 152, North Crawford 165,





Senior takes first at last home invite; injury-depeleted Falcons secure second By NATE BEIER Sports Writer There was a hunger inside Brookwood's Dylan Powell that had been growing for The senior cross country runner was eager to set the record straight as he prepared to run his home course at the Luethe-Levy Invite one final time - the course at Brookwood was his to own. ago Powell left doubt in that statement as he ran the 5 kilometer course in a time of 18:44.5 and lagged behind Riverdale's Nicholas Stitzer. Stitzer won the Luethe-



Brookwood's Drew Powell is greeted by teammates Dylan Powell and Caston Gosda and hosted by West Salem on Saturday, September 24 as he finishes the 5K race at Brookwood's Luethe-Levy invite on Sept. 17.

Herald photo by Nate Beier/GX3 Media.

and Powell was left to second place after finishing 20 seconds behind the lead Even though Riverdale wasn't at this year's meet, Powell exorcised his past demons by posting a time of 18:00.3

Levy meet a year ago with a time of 18:24.9

HIGH SCHOOL CROSS COUNTRY

at last week's Luethe-Levy invite at Brookwood. 'It's never easy running here," said Powell after Saturday's race on the hilly course at Brookwood. "When you train on it every day of the year, we live and breathe this. With being able to train on a course like this today, it's it makes it that much

easier to race on a course like this. Powell admitted he was frustrated with his performance a year ago at his home meet and that fuel was enough to help him prepare for a better showing

Powell bettered his mile pace from a 6:02 mile last year to a 5:48 mile this year and that's no small feat considering the next closest finisher was nearly a minute behind.

"I'm very happy with how I did," said Powell. "I was very hungry for it today. I think that helped me run my best race.

NEXT MAN UP

Powell's team finished second overall at Saturday's meet to Sparta. The Brookwood boys, however, were without their regular second and third runners. Both Wyatt Maurhoff and Jonathan Hock were sidelined due to injury at Saturday's meet.

That didn't spell disaster for Brookwood by any means. Instead, it was an opportunity for new faces to step up and strut their stuff.

Caston Gosda finished fifth overall with a time of 20:29.5, which improved on his time at the home meet from a year ago by a minute. Freshman Drew Powell came in seventh with a time of 21:07.7.Owen Radloff was 15th and Josue Nicolas was 20th to round out the scoring runners.

Drew Powell said, "Our sophomore Caston Gosda really stepped up. I came through the finish line, I turned around and he's out-kicking a guy for fifth place. Another one, my brother Drew Powell, came to do whatever he could for his team today. I couldn't ask for a better team behind me. I think they all had goals and I think they all ran to achieve those goals and I couldn't

ask for any more out of them. Brookwood's next meet is at Maple Grove Venues starting at 10:00 a.m.

Silva sisters face off for photo finish; Falcon girls first

Brookwood's Dylan Powell won the

Falcons' home invite on Sept. 17 after

taking second a year ago. Herald

photo by Nate Beier/GX3 Media.

By NATE BEIER

Sports Writer

The Brookwood girls won their home invite with a score of 31 on September 17 in Ontario. The Falcons found four in the top 10 finishers

at Saturday's race, the most among the eight

participating schools. A m e l i a Muellenberg led the way with a fourth place finish as an individual with a time of 23:44.9.

She trailed Sparta's

Vanessa Gavilan by

a second. The Silva sisters were the next two to finish, and the duo gave the home fans

something to cheer about. Senior Margarita Silva led freshman sister Stephanie the majority for of the race on the challenging, hill-filled course Brookwood. In the final 400 Stephanie meters. passed the elder runner and seemed poised to notch her first high school Cashton's Kate Gronemus passes the halfway against her sibling. Undeterred. Margarita dug in Herald photo by Nate Beier/GX3 Media.

over the course of

the last 100 meters and beat her younger sibling out for fifth overall after a sprint into the finishing chute. Maragrita ran a time of 23:50.2 while Stephanie settled for second to her sister with a time of 23:50.9.

Ruby Muehlenkamp was the team's fourth September 24 starting at 10:00 a.m. scoring runner who finished in 10th place and Alexis Lacy was 17th overall. Katie Gruen was

mark in Saturday's race at Brookwood.

The Sparta girls cross country team, led by senior Vanessa Gavilan, secured second place at the Luethe-Levy Invite at Brookwood on Saturday, September 17.

Gavilan ran a 7:39 mile pace and trailed second place by just five seconds.

Leah Modjeski was ninth overall with a time of 24:11.5. Madeline Ziegler and Gayle Gilbertson made top 15 finishes.

TÔMAH Aisha Hughart Topygal and Josie Bailey led the Timberwolves Brookwood with ten finishes on September 17. Hughart Topygal was seventh overall with a time of 24:04.2 and Bailey was eight with a time of 24:07.5. Tomah finished fourth as a team with 72 points.

Tomah's meet is at Maple Venues in Gove Salem Saturday, September 24 starting at 10 a.m.

CASHTON Matey Kaduc led the Eagles with a time of 25:01.2 at Brookwood, taking

12th overall. Chelsie Paulsen was 14th and was joined by Isabel Korn (16th) and Kate Gronemus (18th) as the Eagles took third as a team with 68 points. Cashton will run at De Soto Saturday,



Brookwood's Margarita Silva (right) and Tomah's Aisha Hughart Topygal (left) charge up an incline during the middle of Saturday's race at Brookwood. Silva finished fifth, Hughart Topygal seventh.

Herald photo by Nate Beier/GX3 Media.



Week 3 meeting with Brookwood. Klinkner and the Eagles are in search of their first regular season win against Bangor at home since the 2013 season. Herald photo by Nate Beier/GX3 Media.

(SBC) cont. from pg 9

letdown from those lofty preseason expectations for either Bangor or Cashton, as both teams have run roughshod over their respective schedules on their way to 5-0 starts to the

Between them, defenses have pitched seven combined shutouts so far four for Bangor, three for Cashton — and outscored their opponents by a combined total of 492-33. In addition to each fielding

tenacious, hardnosed defenses, both the Cardinals and the Eagles make their bones on the ground on offense with workhorse backs leading the

Bangor senior running back Tanner Jones has put up 670 yards and eight touchdowns while averaging 8.6 yards per carry, with fellow senior running back Clayton Lyga recording 375 yards and seven touchdowns while averaging 9.6 yards per attempt on half the carries of Jones.

Cashton senior running back Colin O'Neil currently sits at 504 yards and 10 touchdowns while averaging 9.0 yards per carry, with junior running back Brett Hemmersbach adding 242 yards and three touchdowns on 11.0 yards per carry as a strong complement to O'Neil. Hemmersbach is also the

heart and soul of the Cashton defense, leading the team in total tackles (36) and tackles for loss (7) while also returning both a fumble and an interception for a touchdown. O'Neil already has four interceptions this season, including two pick-sixes. Defensive leaders for the

Cardinals include junior linebacker Chase Horstman with 51 total tackles, junior linebacker Cody Peterson with seven tackles for loss and three sacks and junior defensive back Samuel Cropp with two interceptions. That's just a sampling of

the star power on a couple of loaded rosters that have powered each team to unbeaten records to this point.

For their efforts, Cashton is all the way up to No. 2 in Division 7 and Bangor sits at No. 9 in Division 6 in the latest WisSports.net coaches' poll. A win this Friday doesn't

officially clinch anything for either team, but it of course will give a massive leg up to one of them as each pursues outright conference



Bangor's Nolan Michek makes a run to the outside during a game earlier this year. Michek and the Cardinals offense will have their hands full with a Cashton defense that has only allowed three touchddowns this season. Herald photo by Nate Beier/GX3 Media.

championship after season's shared crown.

Bragging rights, the inside track to the Scenic Bluffs title, a huge résumé and confidence booster for two teams with their eyes on deep postseason runs — it's all on the line on the first official weekend of fall when the Cardinals and the Eagles meet for a heavyweight clash Friday, September 23 at

7 p.m. at Cashton Village Park.

BY THE NUMBERS

1

Number of regular season wins for Cashton vs Bangor in the last 20 seasons. Bangor has won 8 consecutive regular-season meetings won by Bangor in the rivalry

Total number of combined

shutouts — 4 for Bangor, 3 for Cashton — for the two teams this season

492-33

The combined scoring margin during the unbeaten starts to the season for both the

Cardinals and the Eagles



intended for Necedah's Isaac Hunkins in Friday's conference match-up in Necedah. Herald photo by Jenny Schendel.

Cashton crushes Necedah for fifth straight victory

By ZACH RASTALL Sports Writer

Cashton continues to run roughshod over its schedule in 2022. The latest victim: the Necedah Cardinals. The Eagles

> overall, Scenic Bluffs) pulverized Cardinals (0-5, 0-2) in a 59-0 shutout victory in

their conference matchup Friday, September 16 in The rout was on early in the proceedings, as Cashton found the end zone four times

in the first quarter for a 28-0 lead on senior quarterback Jacob Huntzicker's 34yard touchdowns pass to junior wide receiver Connor junior running back/linebacker Brett 15-yard Hemmersbach's touchdown run, Butzler's 11-yard touchdown run and senior running back Colin O'Neil's one-yard touchdown run.

The Eagles led 46-0 at halftime thanks to three more touchdowns in the second quarter: Huntzicker's 20-yard pass to senior tight end Jack Kleba, along with

both a 34-yard pick-six and a 40-yard run by Brett Hemmersbach.

Junior quarterback Brady Hemmersbach scored on a 24-yard touchdown run in the third quarter and junior tight end Jake Wall added a 25-yard touchdown run in the fourth quarter to finish the scoring.

Hemmersbach Brett put up 124 yards and two touchdowns on the ground on seven carries to go along with his pick-six. O'Neil rushed for 52 yards and a touchdown on 10 attempts. Huntzicker completed all four of his passes for 89 yards and two touchdowns, with Butzler hauling in two receptions for 52 yards and a touchdown.

Junior cornerback Noah Hemmersbach came down with two interceptions while Lincoln Klinge and Ethan Schmitz each had a fumble recovery.

As a team, the Eagles forced five turnovers (three interceptions, two fumbles) and piled up 304 yards and six touchdowns on the ground on an average of 9.2 yards per carry.

Cashton now shifts its focus to a pivotal Scenic Bluffs showdown with archrival Bangor (5-0, 3-0),

Bangor blanks Brookwood to keep shutout streak going

By ZACH RASTALL Sports Writer

The Bangor Cardinals are off to a flying 5-0 start that features four shutout victories — including all three of their wins in Scenic Bluffs Conference play. The latest of those came

when Bangor (5-0 overall, 3-0 Scenic Bluffs) blanked the Brookwood Falcons (0-5, 0-3) 43-0 Friday, September 16 in Ontario. The Cardinals got the

scoring started with under four minutes to play in the first quarter on senior running back Tanner Jones's seven-yard touchdown run. Bangor followed that

with a trio of secondquarter touchdowns for a 29-0 halftime advantage: TD passes from junior quarterback Nolan Michek to senior running back Clayton Lyga of 29 and 22 yards, with a two-yard TD run by Jones sandwiched in between them.

The Cardinals wrapped up the scoring with a sixyard touchdown run by Lyga

in the third quarter and a 24-yard touchdown run by junior running back Cody Peterson in the fourth. Jones led the charge out of the Bangor backfield with 142 yards and two

touchdowns on 15 carries. Lyga ran for 75 yards and a touchdown on seven rushes while also making two catches for 51 yards and a pair of touchdowns. Defensively for

Cardinals, Peterson made 10 total tackles including two As for the Falcons, Brady

Hansen completed 5 of 14 passes for 48 yards, with Carter Arbuckle making two catches for 31 yards. On defense, Evan Klinkner and Rian Mulvaney each had a forced fumble and finished with 12 and 10 total tackles, respectively.

Brookwood will next host Onalaska Luther (4-1, 2-0) Friday, September 23 at 7 p.m. in Ontario. The Knights have won three games in a row — including a 39-0 shutout victory over Wauzeka-Steuben/Seneca last week — and are led on offense by sophomore quarterback Jackson Kendall, who has completed 60 percent of his passes for 534 yards, eight touchdowns and three interceptions. Meanwhile, Bangor is set

7 p.m. at Cashton Village

for a titanic Scenic Bluffs battle with rival and fellow unbeaten Cashton (5-0, 2-0) Friday, September 23 at

Tomah takes lopsided defeat at Holmen

By ZACH RASTALL Sports Writer

Tomah was unable to build off its overtime triumph over rival Sparta last week with another win, falling to Holmen in a lopsided Week 5 loss.

The Vikings (1-4 overall, 1-2 Mississippi Valley) notched their first win of the season by beating the Timberwolves (2-3, 1-2) 34-7 in a conference clash Friday, September 16 in Holmen. Senior running back Tyrus

McCoy drew first blood for the Vikings when he got loose for an 88-yard touchdown

run in the first quarter, but Tomah responded with a 16yard touchdown pass from senior quarterback Tom Hesse to senior wide receiver Drew Brookman to level the score at In the second quarter, the Vikings got a 26-yard rushing touchdown from senior run-

ning back Matt McBride and a 24-yard field goal by senior

kicker Hogan Schneider to lead 17-7 at halftime. In the third quarter, Holmen added a 28-yard Schneider field goal, a 19-yard touchdown run courtesy of senior quarterback Reid Tengblad and a one-yard touchdown run by senior running back An-

drew Weiss. The Vikings were led out of the backfield by McCoy with 137 yards and a touchdown on 13 carries and Tengblad with 127 yards and a touchdown on

For Tomah, Hesse completed 11 of 19 passes for 117 yards, one touchdown and one interception while Brookman finished with three catches for 90 yards and a touchdown.

The Timberwolves hope to rebound when they welcome in La Crosse Central (1-4, 0-3) for a Mississippi Valley Conference matchup Friday, September 23 at 7 p.m. in Tomah.

Sparta's late rally not enough in loss to Reedsburg

By ZACH RASTALL Sports Writer

Despite putting together a little rally in the fourth quarter, Sparta wasn't able to overcome an early deficit in a

road loss to Reedsburg. The Beavers (5-0 overall, 3-0 Mississippi Valley) held on to beat the Spartans (1-3, 0-3) 20-13 in their Mississippi Valley Conference matchup Friday, September 16 in Reedsburg. Coming into the game, the Beavers were tied for 10th among Division 3 teams in the state in the

WisSports.net coaches' poll. Reedsburg first got on the board early in the first quarter on senior quarterback Kevin Green's nine-yard touchdown pass to senior wide receiver Caden Brandt. Sparta cut the deficit to 7-3 in the early stages of the second quarter thanks to Isaiah Futch's 33-

yard field goal. The Beavers extended their lead to 20-3 at halftime after Green's 17-yard touchdown pass to senior tight end Trey Schinker and 21-yard touchdown pass to Brandt.

That score held until Sparta senior Carson Kelsey punched in a two-yard touchdown run to slice the Reedsburg lead to 20-10 with 4:42 to play in the fourth quarter. The Spartans recovered an onside kick, which led to a Futch 38-yard field goal with 2:28 remaining to cut the deficit further to 20-13 and make it a onepossession game. After unsuccessful an

onside kick, the Spartans did get the ball back for one final drive, but ran out of time while still stuck deep in their

own territory.

For the Beavers, Green completed 5 of 8 passes for 88 yards and three touchdowns while senior running back Devin Judd rushed for 185 yards on 31 carries. As for Sparta, Kelsey ran

for 68 yards and a touchdown on 16 attempts. Defensively, senior linebacker Connelly recorded 16 total tackles, six of which were solo

The Spartans will look to snap their three-game losing skid when they host Holmen (1-4, 1-2) Friday, September 23 at 7 p.m. in Sparta.

Spartans top Vikings 5-2

By NICK LEONARDELLI

Sparta's Claire Pribbernow recorded her seventh win of the season to help the Sparta girls tennis team send conference foe Holmen packing in their 5-2 win Tuesday, September 20 at home.

Pribbernow Holmen's Emma Goede 6-2 with the second set being forfeited by Goede. Sparta's number four single in Jill Roou defeated Holmen's Julia Barned 6-4, 6-2. Holmen's only two wins came from their number one and number three singles. Sparta cleaned

in the doubles matches. Kate Gilbertson and Alana Clark defeated Holmen's Harsimranpreet Virk and Madison Pickett 6-4, 6-4. Evelyn Tripp and Amelia Russ defeated Holmen's Ellie Euler and Lillian Schmidt 6-2, 6-0. Isabella Roth and Nadia Tovar defeated Holmen's Katelyn Lefebvre and Ava Ladwig 6-2,

With the win, improves to 8-5 overall on the season and extends their winning streak to two matches. The girls look to continue their winning ways with a non-conference bout against Viroqua. First serves are set to begin at 4:30 pm.



Makenzie Kohn, Tomah

TOMAH TENNIS

blank BRF

Sports Writer

After a loss to arch rival Sparta last Thursday, the Tomah girls tennis team had a busy couple days of tennis to start the new week. Monday, the team cleaned house against Black River Falls winning 7-0. Tuesday, Onalaska returned

the favor and sweep Tomah

Tomah 7 **Black River Falls 0**

Tomah's singles Kohn, Brulee Makenzie Olson, Kendra Seering and Adeline Grace all won their matches. Seering recorded her first win of the season against Logan Mann 6-1, 6-2.

Tomah's number doubles team Gwyn Robertson and Anna Lord defated Black River Falls' Mayla Engebretson and Hannah Lane 6-7 (4), 6-4, 10-8, which would be the closest match of the contest. Riley Smith and Marie Brennan defeated BRF's Lauren Slosser and Libby Moldenhauer 6-1, 6-2. MaKayla Ueeck and Lauren Stephens match was forfieted.

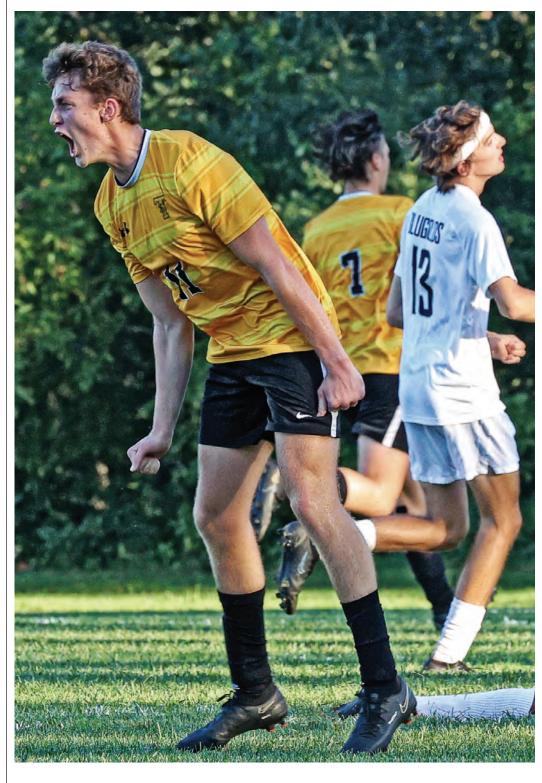
Onalaska 7 Tomah 0 Coming off a sweep of

Black River Falls, conference foe Onalaska gave Tomah a taste of their own medicine with a complete sweep fo the Tomberwolves. Mackenzie Kohn almost sunk away with a win against Onalaska's Alex Drazkowski losing 7-6 (6), A 1-1 start to the week.

Tomah is now 3-14 overall for the season. The girls will hit the courts Thursday welcoming non-conference opponent West Salem to Tomah. Matches will begin at 4:00 pm.

Tomah and Sparta will both participate in Monday's Mississippi Valley Conference meet at Green Island in La Crosse.

TOMAH 2 AQUINAS 1



Tomah's Trey Torkelson lets loose a howl of celebration after scoring what would be the game-winning goal against Aquinas Tuesday. Torkelson's goal came in the 77th minute and helped put Tomah in the top pool of play for next week's round robin portion of the conference season. Herald photo by Nate Beier/GX3 Media.

Torkelson's late goal lifts Tomah

Timberwolves move to 4-4-2 on season with win over Aquinas

By NATE BEIER Sports Editor

It looked like another tie was about to happen.

That fate wasn't the worse case scenario for the Tomah boys soccer team in Tuesday's Mississippi Valley Conference match against Aquinas, however. After all, Tomah already had two ties in conference play under its belt and seemed to sit safely in fourth place in the MVC. A win, however, would

guarantee THS's spot among the top four teams in the league after the first round of MVC action.

A stingy Aquinas defense wanted to void that guarantee. It couldn't, though.

In the 77th minute, with the game tied at 1 all, senior Trey Torkelson drove in a ball on a kick from the top of the box for the Timberwolves' second goal of the afternoon and helped lift his team to a 2-1 victory.

The win pushes Tomah into the top half of the MVC and will play the round robin portion of the season with league leaders Holmen and Onalaska and third place team La Crosse Central.

"To be honest, we knew this was a must-win game for us to be in the top four," said Tomah head coach Scott Conzemius after the game. "We weren't sure if a tie would put us in. The conversation last night at practice was 'I don't care how ugly, tonight's one of those varsity nights where you just find a way. No matter what, we find a way.' Conzemius said that he and

the team had been putting more of an emphasis on offensive movement lately. However, the fruits of that labor haven't necessarily showed up as quickly as expected. The head coach praised his team for staying positive, despite some frustrating setbacks.

Of course, a win like that on Tuesday is cause for celebration.

Conzemius said, "It was super cool to see them come through at the end because Aquinas was a tough team. Great players step up in great moments and we had several great players step up tonight

and Trey (Torkelson) had



Tomah's Jonah Nick takes possession of the ball from Aquinas' Brody Hollett during the second half of Tuesday's MVC contest. Tomah scored in the 58th and 77th minute for a 2-1 win. Herald photo by Nate Beier/GX3 Media.

a quality finish in a clutch **DOMINANT DEFENSE**

Both teams played scoreless until Dane Vervoren drove a ball into the back corner of the goal in the 58th minute off an assist by Joe Kube. Tomah's 1-0 lead wasn't safe for long, though because Aquinas' Andrew Sutton finished a play directly in front of the net with a scoring strike to tie things up in the 72nd minute. With time ticking away, and quality shots on goal at a premium, a tie seemed inevitable. That was until Torkelson's gamewinning boot with just under three minutes to go. Tomah put up 16 shots

on Aquinas and had 6 on goal. Two snuck through in the team's win. However, Timberwolves' defense wouldn't allow visiting Aquinas the same opportunities. The Blugolds

were held to just 8 total shots,

and only 3 of which were on

goal. Trevin Johnson recorded

5 saves in the win. "I can't say enough about

our back line and our goalie, Trevin (Johnson)," Conzemius. He pointed out that Tomah's defensive line hasn't allowed more than a single goal in a conference game. In fact, Tomah has given up just three goals to league opponents - one to each Onalaska, Logan and Central. "There's a reason for

that. They're stingy. They tackle well, they recover well and they're aggressive which allows us to do a lot of defending away from our net versus in front of our net and that just eliminates opportunities from teams."

UP NEXT Tomah will travel to face the Eau Claire Regis/Chippewa McDonell Thursday, September 22 and will play at Wisconsin Rapids on Saturday, September 24.

The next phase of the MVC

season will be played on each

of the next three Tuesdays.

BANGOR VOLLEYBALL

Bangor sweeps New Lisbon

By ZACH RASTALL Sports Writer

Over the past week, the volleyball team managed to be on both ends of a sweep in conference play. It started with the first-place

Royall Panthers topping the Cardinals 25-18, 25-15, 25-20 in their Scenic Bluffs match Thursday, September 15 in Elroy. Stat leaders for Bangor in

the loss were senior Joeryn Freit with seven kills and eight digs, junior Gladys Bores with three aces and two blocks and

senior Megan Marr with eight

Following the weekend, the Cardinals were able to find better road success against

the New Lisbon Rockets, who they defeated in three tight

sets 25-21, 28-26, 25-21.

Bangor currently owns a 6-8 overall record that includes a 3-3 mark in conference play. The Cardinals will next face the Wonewoc-Center Wolves to complete their first time through the Scenic Bluffs slate Thursday, September 22 at 7:15 p.m. in Bangor.

BROOKWOOD 3 NECEDAH 1



Brookwood's Cora Brandau reaches to make contact with a set during the opening game of Tuesday's match with Necedah. The Falcons dropped the first set, but won three-straight to knock off the Cardinals. Herald photo by Nate Beier/GX3 Media.

Brookwood overcomes early loss to top visitng Necedah

By ZACH RASTALL

Sports Writer

After suffering a sweep at the hands of one of the top volleyball teams in the Scenic Bluffs Conference, the Brookwood Falcons rebounded with a four-set win. Last week, the state-ranked

Hillsboro Tigers downed the Falcons 25-22, 25-15, 25-15 Thursday, September 22 in Ontario. Stat leaders for Brookwood in defeat were Vanessa Anderson with 11 kills,

Maggie Muehlenkamp with 21 digs, Kylie Powell with two aces, Danica Lee with three blocks and Emily Cunitz with eight assists.

Leading the way for the Tigers was Michelyn Hansen with 14 kills and four aces, Toni Mitchell with 19 assists, Peyton Sullivan with 15 digs

and Violet Morren with three blocks.

Following the weekend, Brookwood bounced back after dropping the first set to defeat the Necedah Cardinals 17-25, 25-14, 25-20, 25-21 in a Scenic Bluffs matchup Tuesday, September 20 in

Ontario. For Brookwood in that win, Anderson finished with 14 kills and 10 digs, Cora Brandau fired in 12 kills and four aces, Muehlenkamp offered up 13 digs and three aces, Sophie Teynor added 12 digs and three aces, Calista Zimmerman had three blocks and Powell recorded 29 assists.

The Falcons will look for their second straight victory when they host the New Lisbon Rockets Thursday, September 22 at 7:15 p.m. in

Ontario.

WONEWOC-CENTER 3 CASHTON 1 Cashton falls to W-C

By ZACH RASTALL Sports Writer

It was a mixed bag of a week

for the Cashton volleyball team, who both won and lost a four-set match in Scenic Bluffs play.

In a match late last week, the Eagles ran their winning

streak to three by overcoming a first-set setback to defeat the New Lisbon Rockets 23-25, 25-20, 25-19, 25-16 Thursday, September 15 in Cashton. Stat leaders for Cashton in

Ella Brueggen with 16 assists,

senior Taylor Bayer and

sophomore Brielle O'Neil

with seven digs apiece and

the win were senior Braylee Hyatt with 15 kills and two blocks, sophomore Sammi Kleba with seven aces, senior

freshman Vivie Dempsey with two blocks. Those winning ways were

brought to a halt when the Wonewoc-Center

Wolves rallied back after dropping the first set to beat the Eagles 23-25, 29-27, 25-17, 25-22 Tuesday, September 20 in Wonewoc. In the teams' first meeting

at a conference double dual back on September 8 in New Lisbon, it was Cashton who outlasted Wonewoc-Center in five sets 25-19, 20-25, 25-21, 23-25, 15-9.

This past Tuesday's measure of revenge for the Wolves dropped the Eagles to 5-3 overall and 4-2 in league play. Cashton is back in action against the first-place Royall Panthers Thursday, Sept. 22.