## The smallest changes make the biggest difference

BY EMILY GOJMERAC REPORTER

When you first look at Jennifer, you see a typical nineteen year old who is in her second year of college, and

making a good life for

herself.

None of that would have been possible without her willingness to want a better life from where she came from and the foster family that helped her to believe that life can change for the better.

Growing up, Jennifer described her parents as alcoholics. After having three children, Jennifer's dad got sober, but her mom was in and out of her life a lot, due to her relapsing on alcohol.

her dad, Jennifer says on track.
"My dad was there but he wasn't actively present in our lives."

apsing on alcohol. Jennifer credits her time in while living with foster care with getting her life on track.

She remembers going to school with her hair not brushed, having to take showers [because her house didn't have water] and change her clothes at school because of the bed bugs in the mattresses. She wasn't able to sleep soundly at night, so she was exhausted all the time. The school had to buy clothes for her and her siblings because their clothes wouldn't fit them anymore.

Jennifer focused her energy on school and athletics, to try to give herself a distraction from her home life. People would start asking Jennifer what was going on at home, and she never reached out to anyone due to the fear of teachers or other authority figures not believing what she would tell them. Jennifer tried to distract herself by doing good in school and being involved in athletics but no matter how hard she worked, she couldn't fully focus on school because she was always worried about what her home life would be like when she got home from school that night.

When her mom relapsed, Jennifer took it the hardest because her mom was her 'Saving Grace' out of her dad's

When she entered high school, she didn't want to be at home because of the instability of her home.

"While my brother was in foster care, I was my dad's

newest target for chaos," Jennifer said.

Jennifer remembers staying in the bathroom all day by herself as a way to escape from the chaos that encircled her. She slept on the kitchen floor at a time, to try to get some much needed rest and to get away from the bed bugs that were in her mattress.

When Jennifer was 15, her mother passed away. Her mother gave her affection and advice at a time in Jennifer's life when she wasn't getting that. While she had recovered from alcoholism, she eventually lost her battle with Stage IV lung cancer. Jennifer was with her mother when she passed and it has left her missing a piece of her heart ever since.

After her mother passed away, she had kept a watchful eye over her older sister who was doing everything around the house to make their father happy.

Once their mom passed away, the girls weren't able to go and visit family members from that side of the family anymore. They in turn lived a very sheltered life from that point on. As Jennifer got older, she looked for more and more ways to get out of the house.

"It was hard to prove that my home life was bad enough to be removed," Jennifer said.

When things got so bad and Jennifer couldn't take any more of her home life, she turned to a teacher and explained how bad her home life was to her. Following protocol, the teacher filed a report, and then she called

Jennifer's father, who in turn assured the teacher that everything was okay. Parent/teacher conferences happened soon after and Jennifer's father met her teacher with whom she had confided in. The next day the same teacher came up to Jennifer and told her that after talking to her father, she felt that the home environment was somewhat stable.

Shocked by this betrayal, of her teacher not believing her situation to be true, trust issues became a huge barrier for Jennifer to overcome.

Desperate for a way out, Jennifer came to the realization that her brother got into foster care by getting into trouble, she wanted to know what happened if she got into enough trouble, would it be enough to get out of the hell that she was living in.

During Jennifer's junior year, she missed almost half the year of school and was very close to not graduating. Being that the home situation was so suffocating for her, she lived with a relative for a short period of time, and that didn't go as well as she had hoped.

Shortly after her seventeenth birthday, she finally got her safe haven when she was placed with her new foster family John and Kathy Zuleger. The Zuleger's have become her second family.

"They rewired my brain to believe in myself and they could see the potential in me that I never saw in myself. They know me better than I know myself," Jennifer said.

Even though she was 17, living with the Zuleger's gave her some of her childhood back in a sense. She was able to be a kid and not have to have the responsibilities of her family on her shoulders, like she had always been accustomed to

Jennifer was scared of getting too attached to her foster family because of the fear of losing them like she has lost so many other people in her life. So she continued to be closed off towards them to protect herself from getting hurt. Looking back, she regrets being so closed off towards her foster family, but it has definitely gotten better over time.

Zuleger's already had a son and a daughter of their own when Jennifer came into the family. They welcomed Jennifer with open arms, still to this day treat her like a member of the family.

"I'm glad I can have that bond with them, and I can be part of the family," Jennifer said.

A lot of her insecurities have definitely shaped who she is, but she also has grown as a person since being a part of the Zuleger family.

Being with her foster family, gave Jennifer stability in her life, she learned to be a teenager and not the caretaker. She also learned to open up as a person, rediscover who she is, and put her potential into action. Jennifer has always been a self-advocate for herself. Her mission now is to instill hope in other foster children and reassure them there is hope.

"Having a long-term support system has been a game changer for me," Jennifer added.

Jennifer is starting her second year at Northcentral Technical College (NTC) for an Associates Degree for Business management. She knows she wants to become a foster parent when she turns 21. She also would love to be an adoptive parent one day. She wants to instill hope in children just like the Zuleger's gave her hope in her life.

Jennifer said "This town, county, and state need more foster parents like the ones I was blessed with. Having a stable parental figure in youth's lives can change their world completely."

She hopes to start her own organization for youth who are in the grey area of neglect and abuse, where Human Services, Child Protective Services, can't get involved because it is out of their jurisdiction.

"I want to find legal loopholes for the parent and the kids," Jennifer said.

She is an advocate for foster parents and foster families all over the county. She would like to give motivational speeches to schools and youth groups.

Supervisor of the Taylor County Human Services Department Julie Clarkson said "Knowing Jennifer's story and all she has endured, is proof that there is hope for children everywhere."

## How can you help with the foster care crisis?

The need for foster care throughout the state and nation has become a true crisis. In 2021, the Taylor County Foster Care system had 20 children or youth in foster care for part or all of the year. Already this year 27 children or youth are in placement. Taylor County currently has seven licensed foster homes throughout the entire county, however due to different circumstances we are currently limited to 1 or 2 homes that are able to accept placement of a child at any given time

Foster care is home-like care provided for children who are unable to live with their birth families or respective caregivers because of safety concerns, special care or treatment needs, or other circumstances. A child in foster care is a child who needs a temporary home to be safe and cared for. Generally, placement in foster care is temporary and intended to give the child's family time to make necessary changes so that the child can return to live safely in the home. Most children in foster care return home to their families. When children cannot return home, they find permanence primarily through guardianship, adoption, or other means. A foster home license is valid for two years and foster homes can help up to four children who need placement. Taylor County Human Services Department license foster families and oversee the children who are placed in foster homes.

Taylor County is also seeking homes to provide respite, as this is another need, they have. Respite care provides parents and other caregivers with short-term child care services that offer temporary relief, improve family stability, and reduce the risk of abuse or neglect. Respite can be planned or offered during emergencies or times of crisis.

One of the greatest obstacles that people face when considering whether to foster is fear," Foster Care Coordinator Tammy Schreiber said. During the application process, background checks are completed as well as home visits and interviews with all family members. "The ideal family for a foster child is someone who can appreciate the ups and downs of life, who can let things roll off their backs, have a great sense of humor, and may have had some struggles in their own personal lives and have overcome them. You also want the child to feel like a member of the family," Schreiber said.

The biggest struggle with any foster care system is finding availability for placement. There are too many children in need and not enough homes for all of them. Keeping siblings together is a priority but sometimes space or a lack of available homes makes it hard to keep them together.

Schreiber added "We get calls at least twice a week from other counties asking if Taylor County has room to take children, and it's sad because we have to turn them down due to the lack of licensed foster parents."

Anyone wishing to become a foster parent should contact their county Human Services or Social Services Department to request information on becoming a foster parent. In Taylor County contact Tammy Schreiber at 715-748-3332 or email her at tammy.schreiber@co.taylor.wi.us

Everyone needs a family and a place to belong. Fostering may just be the way to that child's heart and home.

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