THROUGH MY LENS

Can we just play anymore?

By NATE BEIER Sports Reporter

Can we just play anymore? I don't what care age you play are, is an important part everyday



I think we tend to get quite serious about things as we get older and making time for 'play' becomes harder and more frowned upon as the 'expectations of adulthood' weigh heavier and heavier. So my response to that is

to play more. Make it a point to play. Throwing a ball, concocting a prank, rolling around, making snow angels or even just smashing lightbulbs can count as playing.

I listened to one of my volleyball friends talk about the five pillars of his day. One was associated with play. Now, technically I think he had a pillar that was 'think like a kid' and one that was 'be active,' but through the guise of play, those two can be checked off.

Now, play probably evolves as one gets older. The idea of a 50-year old setting up and running a mile of Hot Wheels track IS a form of play (and an amazing thought at that), but most likely, play for the 18+ crowd looks like a night out, a morning fishing or perhaps an afternoon workout.

As much as I want to pigeon hole this discussion for a carefree, no-worries play talk, I don't think I can. I have to see and understand that play happens in different ways.

However, I think it's important for people to get some play in their life. It's part of that balance that keeps you, well, balanced.

Often times I wonder how our parents find time to get their own play time in as they chase their kids from activity to activity. Is it possible they sacrifice their own mental well being just to make sure their kids have something to look forward to?

Even if that is the case. I still don't think it's too late to find play. Like I said, hunting, making music, kicking or throwing a ball - it's all play. It all helps center oneself and flexes different muscles inside

So how can you put more play into your everyday routine? How can you see the value in some of the simple activities that can bring a smile to your face?

My first reaction is to pay attention to our weather outside. Before long, it'll be spring. However, before spring, our snow will melt and melting snow makes for wonderful throwing orbs. Maybe one snowball toss is enough to reconnect you with the power of play. I guess there's only one way to find

WIAA GIRLS BASKETBALL POSTSEASON

Bangor girls draw top seed for WIAA tourney

By ZACH RASTALL Sports Writer

The Bangor Cardinals have spent the 2021-22 season cementing their status as one of Wisconsin's top Division 5 high school girls' basketball teams and asserting themselves as a clear contender for a state championship.

Their potential path to Green Bay

was revealed when the WIAA released the 16th-seeded Granton Bulldogs (0girls' basketball postseason brackets for all five divisions on Sunday, February 13.

Regional quarterfinal games are all scheduled to be played throughout the state Tuesday, February 22 starting at 7 p.m.

The Cardinals (22-2) earned themselves the No. 1 seed in their earned Division 5 region and are set to host

18) in their first-round matchup next Tuesday in Bangor.

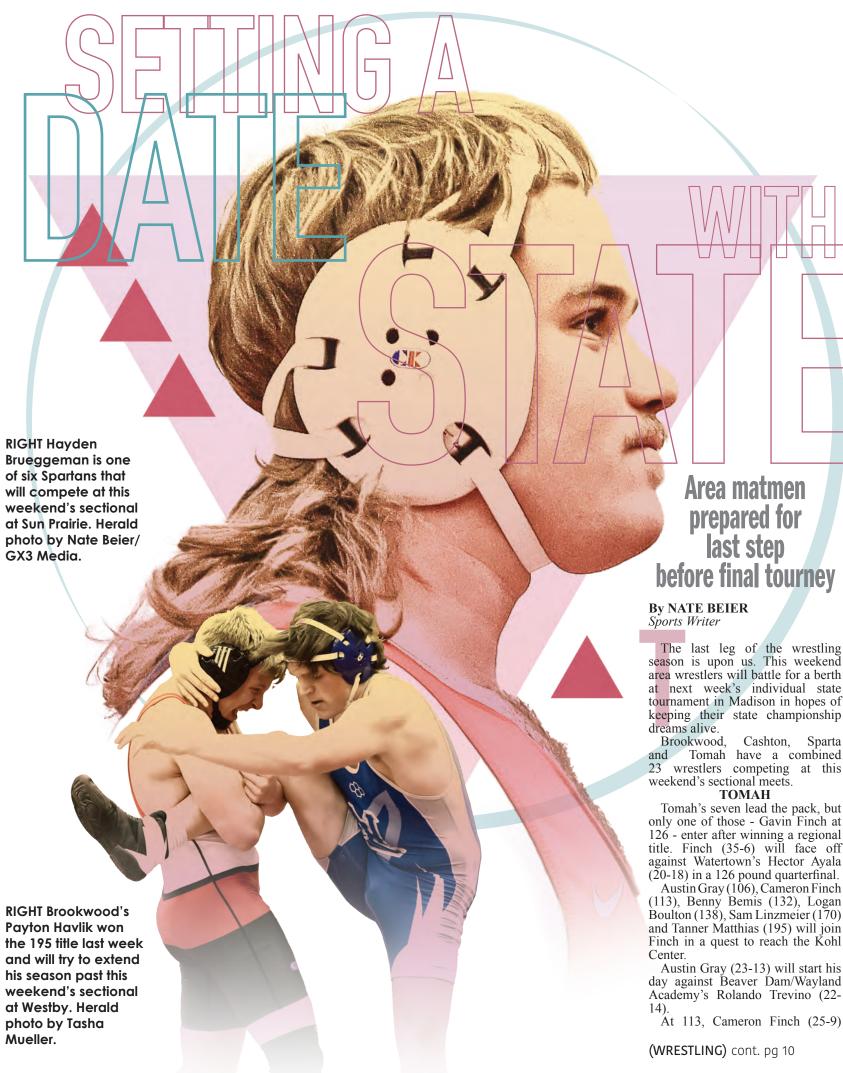
Barring an all-time upset, Bangor would then face either No. 8 seed Loyal (10-13) or No. 9 seed Pittsville (11-11) in the regional semifinals, which are scheduled to be held Friday, February 25 at 7 p.m.

The Brookwood Falcons (3-21) were given a No. 15 seed and will hit the road for the regional quarterfinals to face No. 2 seed Blair-Taylor (22-1) next Tuesday in Blair. The Wildcats' sole loss this season was a 66-47 defeat at the hands of Bangor back in late December

The winner of that matchup moves on to the regional semifinals to square off against either No. 7 seed Wonewoc-

(TOURNEY) cont. pg 11

HIGH SCHOOL WRESTLING



area wrestlers will battle for a berth at next week's individual state tournament in Madison in hopes of

and Tomah have a combined 23 wrestlers competing at this

126 - enter after winning a regional title. Finch (35-6) will face off against Watertown's Hector Avala

day against Beaver Dam/Wayland Academy's Rolando Trevino (22-

TOMAH GYMNASTICS

Tomah gymnasts take second at Marshfield meet

Sports Writer

The Tomah gymnastics team finished second at Tuesday's meet in Marshfield, posting a team score of

Marshfield won the meet with a team score of 132.7. Westby was third with a score of 103.4 and Arcadia did not have enough girls to score as a team.

Marshfield's Ellie Jensen won all four events, which included being tied for first ion beam and claimed the All-Around title. Jensen scored an 8.9 on floor, 8.65 on beam, 8.45 on vault and 8.4 on bars. Jensen's All-Around score was 34.4.

Tomah's Peyton Foster finished third in the All-Around with a score of

The junior posted scores of 7.95 in both beam and floor, taking fourth on

the beam and tying for fifth in floor. Foster scored a 7.85 on vault and a 7 on bars.

Mya Mayer was sixth in the All-Around after compiling a score of 26.8. Mayer tied for second on bars with a score of 8.2 for Tomah's best individual

placing across all events. Mayer was ninth on the floor with a 7.1, 10th on beam with a 6.5 and 11th on bars with a 5.

Jenna Bakken was eighth on bars with a score of 6.55, 10th on vault after

scoring a 7.65 and 11th on floor with

a 6.7. Josie Bailey was seventh on vault with a score of 7.95 and went on to score a 6.55 on floor for 12th and 4.65 on beam for 17th.

Kayleigh Kostka was 14th on vault with a score of 7.15, tied for 14th on beam with a 5.8 and was 13th on bars with a 4.85.

Emmaline Allen tied for 15th on floor with a score of 6.1 and was 16th on bars with a 4.2.

The Tomah gymnastics team will compete at the West Salem sectional on Saturday, February 26. Start time is set for 10:00 a.m.

WEST SALEM SECTIONAL

WHEN

Saturday, February 26 at West Salem High School. The first rotation will begin at 10:00 a.m.

WHO

Arcadia/Whitehall, G-E-T/Melrose-Mindoro/C-FC, Menomonie, River Falls, Sparta, Tomah, West Salem



FARMERS TOWN MUTUAL INSURANCE

Serving Monroe, Jackson, Vernon & LaCrosse Counties

www.FARMERSTOWNMUTUAL.com



Darlene Wedemeier (608)427-6650



Steve Herrman



Marlus Schmitz (608)343-7760

(WRESTLING)

cont. from pg 9

will wrestle Beaver Dam/ Wayland Acaemy's Avery

Femrite (31-15). Benny Bemis (26-11) will face second-seeded Kyler Neuberger (42-4) in the

At 138, Logan Boulton (23-12) is set to wrestle Middleton's Elijah Vance (14-

opening round at 132.

Sam Linzmeier (8-6) will start his sectional competition against DeForest's Elijah Bauer (19-4).

Matthias (23-17) is the third seed at 195 and will see Superior's Isaiah Horan (26-15) in the opening round.

SPARTA Sparta's Tye Klass (27-9) will go toe-to-toe with Beaver Dam/Wayland Academy's Mason Grow (16-14). Klass

Devon Lietzau (25-7) will take on regional champion, Parker Olson (31-5) of Superior.

was a regional champion at

last week's meet in Baraboo.

Brooks (12-Emmett 17) squares off against Watertown's Ryan Bergman (30-13) at 152.

Brock Connelly (22-15) will see Watertown's Braden Holleman (37-11) in a 182 quarterfinal. Hayden Brueggeman (26-5)

faces off with Madison East's Angel Tejeda (29-10). Cadence Zwiefel (21-12) has a first round match with Sauk Prairie's Nolan Vils (39-

BROOKWOOD

Payton Havlik (18-13) won the 195 title at last week's regional in Cashton and will face a hometown favorite in Westby's own Ty Nottestad (26-15).

Dylan Powell (33-5) squares off against Mineral Point's Kade Rule (20-4) at 113.

At 120, Alex Guzman (19-15) will see Westby's Klayten Geier (16-10).

After taking second last weekend, Nate DeWitt (27-10) will go against Ithaca/Weston regional champ, Dominick Hansen (29-6) of Westby.

CASHTON

Onesimo Tirado (20-11) will see Mineral Point's Tapper Nafzger (33-6) in the first round at 132. Éthan Klinkner (27-9) will face Riverdale's Rylee Wanek (39-7) at 145.

Colin O'Neil (31-10 sees Waterloo's Jacob Soter (32-10) in the first round at 152. Jack Scheeier (18-10) is

set to face Riverdale's Kadin Rynes (25-14) at 170.

The Eagles' line rounded out by lineup is Brueggen at 220 and Austin

Culpitt at 285. Brueggen (9-8) will be greeted by Fennimore's Winkers (33-8). Cameron Culpitt (33-11) faces off Parkview/Albany's against

Brennan Brewster (11-8).

TEAM SECTIONAL New Lisbon hosted the Division 3 team sectional on

Tuesday, February 15. Aquinas defeated Ithaca/ Weston 48-27 in the opening round and Fennimore ousted

Mineral Point 33-25. Fennimore went on to claim a state berth with a 32-31 win

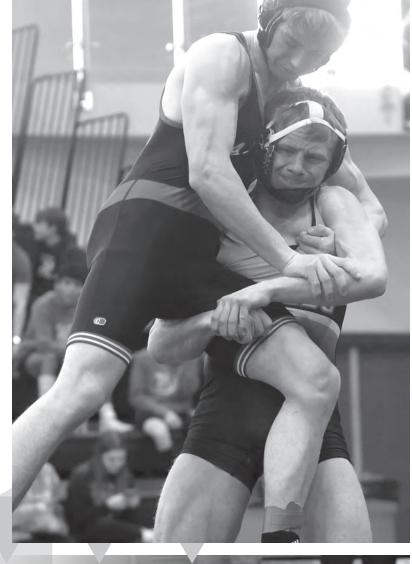
over Aquinas. In Division 2, West Salem/ Bangor defeated Neillsville/ Granton 48-32 in the semifial at Somerset, and lost to Amery

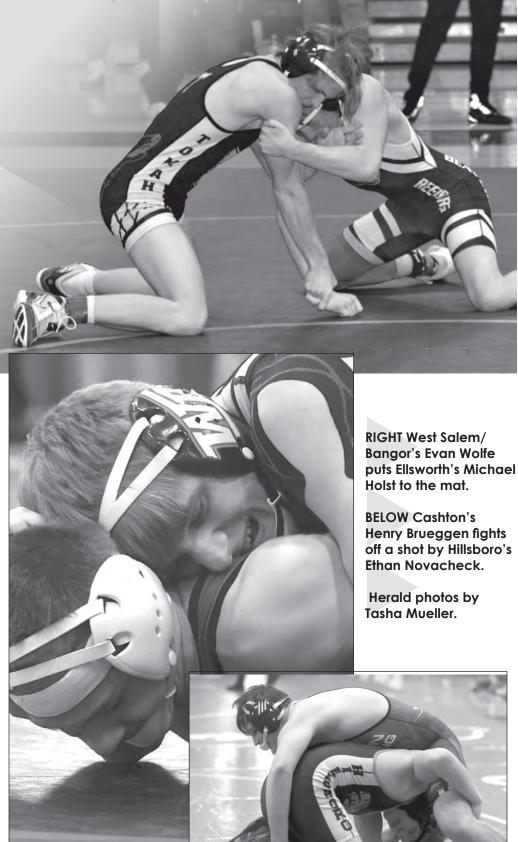
Prairie du Chien won the River Valley sectional. The Blackhawks defeated Lodi 31-24 and then topped Evansville 31-25 in the final.

In Division 1, Holmen made quick work of Beaver Dam/ Wayland Academy with a 65-9 win at Waunakee to advance to

RIGHT West Salem/Bangor's **Cody Petersen** takes Arcadia's **Cruz Patzner** for a ride with a single leg takedown in the 152 regional semifinal match Saturday. Petersen finished second and is one of three **Bangor wrestlers** competing Saturday at Amery. Herald photo by Nate Beier/GX3 Media.

BELOW Tomah's Gavin Finch works to control Reedsburg's **Trenton Curtin** during the 126 pound semifinal at Baraboo Saturday. Herald photo by Bob Kliebenstein.

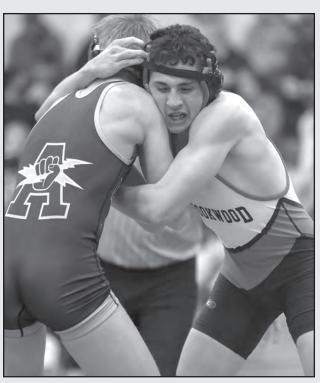




BOTTOM Sparta's Cadence Zwiefel stacks Onalaska/Luther's Donovan Olson up



PROUD SPONSORS OF BROOKWOOD **ATHLETICS**



Brookwood's Nate DeWitt ties up with Aquinas' Jesse Penchi in the 138 pound regional title match. Penchi won 5-2, but DeWitt came back to claim true second and qualify for this week's sectional in Westby. Herald photo by Tasha Mueller.



COMMUNITY HEALTH CENTERS



200 W North St. Norwalk, WI 608-823-7853

Strong Students, Strong Community!

ST COMMUNITY CREDIT UNION **SPARTA • WEST SALEM • TOMAH**

888-706-1228

1stccu.com Federally Insured By NCUA

PROUD SPONSORS OF CASHTON ATHLETICS

Strong Students, Strong Community!

T COMMUNITY CREDIT UNION SPARTA • WEST SALEM • TOMAH

888-706-1228 1stccu.com Federally Insured By NCUA

CASHTON BUILDING SUPPLY INC.

- 'Quality 'Building Materials & 'Personal Service 523 Broadway • Cashton, WI 54619 Phone 608-654-7871

Hours: Monday-Friday 7:00 a.m.-4:30 p.m. • Saturday 8:00 a.m.-Noon CBS DESIGNS AT CASHTON BUILDING SUPPLY

We can help you with designing your project as well as creating blueprints Designer: Kortney Kuhse • Email: kortneykirking@gmail.com

Scenic Blu

COMMUNITY HEALTH CENTERS



238 Front St. Cashton, WI 608-654-5100



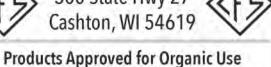








300 State Hwy 27 Cashton, WI 54619



CFS Specialties, Inc. 800-822-6671 FAX 608-654-5696

E-mail: organic@cfspecial.com www.cfspecial.com



Aliyah Langrehr and the Bangor girls basketball team earned the one seed in their Division 5 grouping and are set to host Granton on Tuesday, February 22. Herald photo by Tasha Mueller

(TOURNEY)

cont. from pg 9

Center (10-8) or No. 10 seed New Lisbon (9-14) a week from

In Division 4, the Cashton Eagles (10-14) are a No. 11 seed and will be on the road against No. 6 seed Cuba City (15-8) February 22 in Cuba City. The winner advances to face No. 3 seed Cochrane Fountain City (18-5) February 25 in the regional semifinals.

Both No. 6 seed Sparta (9-13) and No. 8 seed Tomah (9-15) will be in action at home in next Tuesday's opening round in their Division 2 region.

The Spartans will host No. 11 seed Hayward (6-17) and the Timberwolves will welcome in No. 9 seed River Falls (6-16) for their regional quarterfinal

If they hold serve on their home courts, they move on to the regional semifinals for road games against teams with firstround bves.

Sparta would square off Sparta girls basketball against No. 3 seed La Crosse Central (16-7) and Tomah would team will open the face No. 1 seed Rice Lake (19- WIAA postseason next 4) in those hypothetical regional Tuesday at home against semifinal scenarios.

Hayward, Herald photo

Regional final matchups are to be held on Saturday, February by Macy White. 26 at 7 p.m.

semifinals are Sectional

scheduled to take place Thursday, March 3 at 7 p.m., with sectional finals to follow Saturday, March 5 at 7 p.m.

The 2022 WIAA State Girls' Basketball Tournament will be

Macy Oswald and the

held from Thursday, March 10 to Saturday, March 12 at the Resch Center in Green Bay. Additional postseason information and full brackets for all

five divisions can be found on the WIAA website.

PROUD SPONSORS OF BANGOR ATHLETICS







Strong Students, Strong Community!



888-706-1228 1stccu.com Federally Insured By NCUA **BANGOR 63 CASHTON 37**

Bangor girls put finishing touches on perfect SBC season

By ZACH RASTALL Sports Writer

The Bangor Cardinals left no doubt this season as to who still runs the Scenic Bluffs Conference in girls' basketball. After securing their eighth straight conference title, Bangor took it a step further and finished off a perfect 14-0 league campaign.

The Cardinals (22-2 overall, 14-0 Scenic Bluffs) wrapped up the regular season by completing a rivalry sweep with a 63-37 win over the Cashton Eagles (10-14, 7-7) Tuesday, February 15 in Cashton. Bangor had previously notched a convincing 91-50 victory over the Eagles

when they first met in Bangor back on January 13. On Tuesday night, the Cardinals only led 24-21 at halftime before putting the throttle down in the second half, outscoring Cashton 39-16 the rest of the

Bangor had four players finish in double figures scoring in the win: senior guard Taylor Jacobson with 16 points, junior guard Nora Tucker with 14 points, junior guard Joeryn Freit with 11 points and senior forward Madeline Janisch with 10 points.

The Eagles were led by Braylee Hyatt with a game-high 17 points and senior guard Teagan Hundt with 7 points. Both teams won't be in action again

until the start of the postseason, which gets underway Tuesday, February 22 with regional quarterfinals across the state. The Cardinals, who remain pat at No.

2 in Division 5 in the latest WisSports.net coaches' poll, are a No. 1 seed and will welcome in No. 16 seed Granton (0-18) for their opening round matchup. In Division 4, Cashton was given a No.

11 seed and will travel to Cuba City to square off against No. 6 seed Cuba City (15-8) next Tuesday. AROUND THE SBC

Hillsboro held off Wonewoc-Center 46-38 Tuesday night to lock up sole possession of second place in the league standings. New Lisbon earned its fourth SBC win with a 52-33 victory over



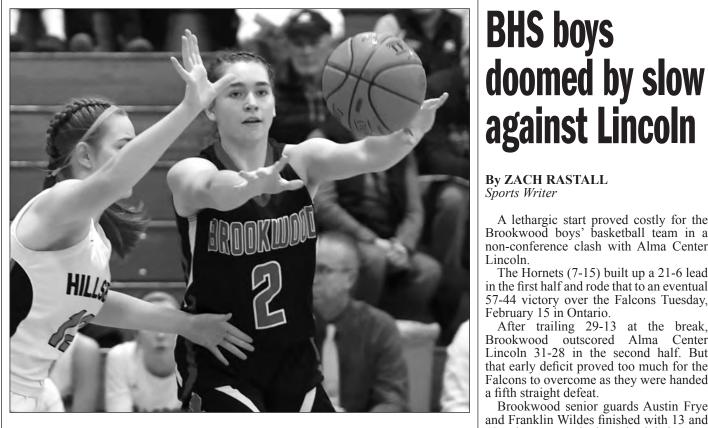
Bangor's Taylor Jacobson scored a team-high 16 at Cashton Tuesday. Herald photo by Nate Beier.

BANGOR GIRLS BASKETBALL



The Bangor girls basketball team wrapped up its regular season Tuesday night with a win at Cashton. The Cardinals finished the conference season 14-0 for the second time in three years and won their eighthstraight conference title. Bangor received its conference trophy last week at Royall. Standing with the trophy is (from left to right) Joeryn Freit, Anna Fronk, Aliyah Langrehr, Madeline Janisch, Taylor Jacobson, Nora Tucker, Bella Langrehr, Adrianna Massman and Gabby Schroeder. Herald photo by Tasha Mueller.

BROOKWOOD GIRLS BASKETBALL



Brookwood's Vanessa Anderson poured in 24 points for the Falcons in a 62-39 loss at Royall Tuesday night. The Falcons finish with a mark of 1-13 in the SBC. Herald photo by Nate Beier/GX3 Media.

Anderson drops 24 in Falcon loss

By ZACH RASTALL Sports Writer

The Brookwood girls' basketball team will head into the postseason having

13 in Elroy.

dropped 11 straight games following their latest loss to Royall. The Panthers (15-7 overall, 10-4 Scenic Bluffs) completed their season sweep by taking down the Falcons (3-21, 1-13) 62-

during their first meeting back on January

39 when they met Tuesday, February 15 in Ontario. Royall had also won 78-27 Anderson led the way with a game-high 24 points Tuesday night and senior guard Haley Nevin contributed 9 points. The Panthers were led by junior guard

Brookwood junior guard Vanessa

Cailey Simmons with 18 points and senior forward Deyona Jones with 12 points.

The Falcons won't be in action again until the start of the playoffs. They are the No. 15 seed in their region and will be going up against the second-seeded Blair-

Taylor Wildcats (22-1) in the Division 5

regional quarterfinals Tuesday, February

22 at 7 p.m. in Blair.

For the Hornets, freshman guard Jace Paul tallied a game-high 22 points and sophomore shooting guard/small forward Stephen Werre added 12 points in the win. The win is the fourth-straight for the Hornets against Brookwood. Brookwood (5-17 overall, 3-9 Scenic Bluffs) returns to conference action on

BROOKWOOD

BOYS BASKETBALL

The Hornets (7-15) built up a 21-6 lead in the first half and rode that to an eventual

After trailing 29-13 at the break,

Brookwood senior guards Austin Frye and Franklin Wildes finished with 13 and

12 points, respectively, to lead their team. Additionally for the Falcons, sophomore

guard Brady Hansen and sophomore forward/guard Wyatt Maurhoff each

scored 7 points and junior forward Evan

Klinkner tacked on 5 points.

Sports Writer

the road against Hillsboro (12-9, 7-5) Thursday, February 17 at 7 p.m. The Tigers previously won their first meeting 67-41 on January 14 in Ontario. The Falcons will then face Coulee Christian/Providence (7-9) in a non-

conference matchup Friday, February 18 at 6 p.m. in West Salem.

TOMAH BOYS BASKETBALL

Tomah's first half lead evaporates as Ona boys complete comeback

By MAURICE SAVAGE Sports Writer

The Tomah boys had their five-game win streak halted Tuesday after falling to Onalaska 66-55 in Mississippi Valley Conference play. The Timberwolves (12-10) opened up the

game on a 14 to 8 run. The largest lead Tomah held in the first half was 10. The score at the half saw Tomah lead 34 to 26.

The Second half was a whole different story as Onalaska (16-4) began to storm back until they tied the game up at 46. Onalaska then went on a 12 to 2 run, opening up their lead to 10 points with a little over 3 minutes left in the game. Tomah was not able to come back from this deficit. Onalaska outscored Tomah 40 to 21 in the second half.

The Timberwolves were led by Dustin Derousseau with a near triple double and a game high of 18 points, 9 rebounds, and 7 assist. Tom Hesse finished the game with 16 points on the night. Bryant Thorton has been providing a spark off the bench the last few games, tonight he finished with 11 points.

Onalaska was led by Nicky Odom who finished with 16 points, 8 assist, and 7 rebounds on the night. Issac Skemp finished the game with 14 points on the night. Adam Skifton

finished the night with 13 points.

Onalaska shot an impressive 40% from beyond the arc while Tomah struggle only shooting 23%. Onalaska was dominate in the paint, scoring 28 points down low. The turnover differential between the teams were huge, Tomah turned the ball over 14 time compared to Onalaska's 4 times.

The Timberwolves will be in action against the second best team in the Mississipi Valley Conference - Aquinas - Friday night. Tomah will host the Blugolds who come into the meeting with a 7-3 mark in the conference. AROUND THE MVC

Holmen held on to defeat Logan 72-69 Tuesday night to stay within striking distance of fourth place in the MVC. The win also snapped a three-game losing streak for the Vikings.

Aquinas turned back Richland Center 67-47. The Blugolds outscored the Hornets by 10 in

WIAA TOURNAMENT

The brackets for the WIAA postseason will be released Sunday. The boys basketball seeding will be done electronically, like the girls' were, and will be revealed by the WIAA at 2:00 p.m. on wiaawi.org. The bracket PDFs will be released around 7:00 p.m. that evening.



MVC BOYS STANDINGS MVC OVERALL CENTRAL 10-0 21-1 **AQUINAS ONALASKA TOMAH** HOLMEN LOGAN 2-9 SPARTA 0 - 10

Tomah's Tyler Kleifgen dribbles the ball around the top of the key in a recent game. Herald photo by Nate Beier/ GX3 Media.

SPARTA BOYS BASKETBALL

Bender posts career-high in loss at league-leading Central

By NICK LEONARDELLI

The Sparta boys basketball team was back in action Tuesday night with a conference matchup against one of the best teams in the state in La Crosse Central. The Riverhawks entered the game as the number two ranked team in the state in Division 2. The last time the two teams met, Central walked away from Sparta with a 30 point win. Sparta was poised not to let that happen again.

Sparta entered the game on a four game losing streak with hopes of ending their winning streak with an upset win over the best team in the conference. Sparta knew they would have their hands full for

In the end, Sparta gave it their all but Central proved they are one of the best in the state for a reason. Central defeats Sparta 88-60 to secure the season sweep of the Spartans.

Central's top scorer was their leading scorer for the season, Devon Fielding. Fielding finished with 25 points. Two more Riverhawks scored in double figures. Noah Compan finished with 15 points and

Colin Adams finished with 13. The leading scorer for the games wasn't on the winning team. Sparta's Layden Bender had the best of his career.



Sparta's Layden Bender scored a career-high 33 points in a 28-point loss at Central Tuesday night. Herald photo by Nate Beier/GX3 Media.

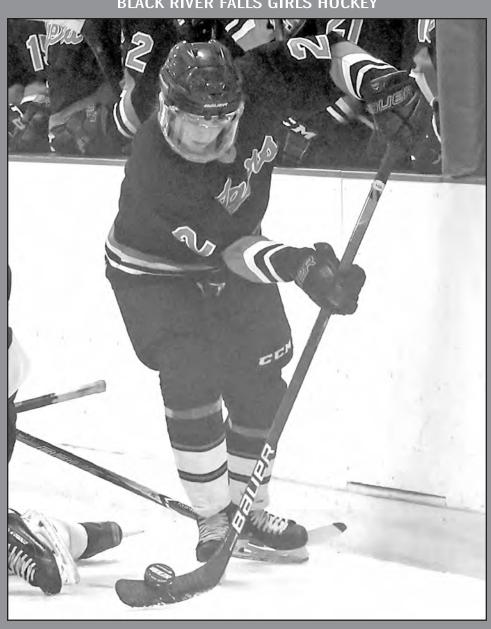
best scoring game this season action this upcoming Friday which was when he had 23 against Arcadia last month.

The loss to the Riverhawks drops Sparta to 4-17 overall and 0-10 in conference play. The loss also extends Sparta's losing streak to five which is

when the team visits Holmen. Holmen won the road against Sparta earlier this season. Sparta looks to grab their first conference win and end their

Bender finished with 33 their longest for the season. points, which tops his previous The boys will be back in losing streak Friday at 7:15.





Black River Falls' Lexie Hagan (Tomah) pushes the puck out from the boards during a recent game. The BRF co-op (10-14) begins postseason play tonight when they travel to Hudson (10-13). Herald photo by Nate Beier/



Sparta's Nadia Laufenberg waits for the offense to set up after bringing the ball to the front court in the second half of Tuesday's game with La Crosse Central. Herald photo by Macy White.

Central girls prove to be too much for Spartan five

at 7:15.

By NICK LEONARDELLI--Sports Writer

losses to start the month.

The Sparta girl's basketball team ended their month of January on a high note winning their last three games of the month after starting off the new year on a five-game losing streak. The girls' month of February is starting to feel like the beginning of January with three straight

Sparta hoped to end the losing streak at three with a conference matchup against La Crosse

Central this past Tuesday. The last time the two teams met, Central packing Sparta after a 54-32 win at home. Just like Central, Sparta wanted to protect this home court Tuesday night.

The Ladv Spartans themselves down after the half. RiverHawks entered the second half with a 34-16 over Sparta Sparta. needed to turn things up a notch in the second if they wanted to protect their home court.

The first half lead proved to be too much for Sparta. completes the season sweep with a 67-40 victory.

Central shot an even 50% from the field on 26-52 shooting. The RiverHawks shot 7-15 from beyond the arc. Central did a lot of their damage on the They boards. outrebounded

chance points.

two assists and a steal.

adding 18 second- Macy White. Sparta didn't see much success shooting the ball. The team shot 13-43 (32%) from the field and an ugly 2-21 (9.5%) from beyond the arc. Sparta's leading scorer was Junior Abby Schell. Schell went 6-8 shooting from the field, scoring 13 points while grabbing 5 rebounds. The Spartans leading rebounder was senior Malory

Russ with 6. Russ also finished with 11 points,

the season and 2-9 in conference. The Lady Spartans are now on their second four game losing streak for the season. The team hopes to end their losing streak this Friday when they play conference foe La Crosse Logan. Sparta bested Logan earlier this season. Tip off is set

The brackets for the girls basketball state tournament were released this past weekend. Sparta is a 6th seed with their first regional game against #11 Hayward Tuesday at 7pm at Sparta. If Sparta wins, their next game will

be next Friday versus a familiar foe in conference rival La Crosse Central. The Riverhawks were given a number 3 seed for this side

of the bracket. AROUND THE

MVC The Tomah (9-15) girls took a hard loss to their conference opponents Onalaska (13-11) on Tuesday. The final score of the game was 67-54. This loss will move Tomah down to fourth in the conference standings.

Logan moved into fifth place in the MVC with a 56-45 win over Holmen Tuesday The night. Vikings held a two-point lead at halftime, but were outscored by 15 in the second half.

On Monday, Aquinas topped Edgewood 51-46 for the team's 18th win of the year.

ON DECK Aquinas will

season tonight when they travel

as Central is three games behind. La Crosse Central is at Eau Claire Memorial.

Sparta is at La Crosse Logan Friday night at 6:15 p.m. in the regular season finale for both

30-21 Sparta's Evie Tripp brings the ball across the $\frac{1}{try}$ to finish its with 13 offensive center stripe during the second half of Tuesday's bid for a perfect rebounds while game with La Crosse Central. Herald photo by conference to Logan. Currently the Blugolds are 11-0 and have already locked up first place in the MVC

Eau Claire North is at Holmen.